

Webinar/Phone Family Caregiver Education Programs – July



10 Warning Signs of Alzheimer's

This program covers typical age related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process, and Alzheimer's Association resources.

Thursday, July 9, 1:00-2:00 pm

Tuesday, July 14, 3:00-4:00 pm

Monday, July 27, 6:00-7:00 pm

COVID-19 & Caregiving

Caring for someone living with dementia during the COVID-19 pandemic adds unique challenges for caregivers. This program provides simple tips caregivers can put in place whether the person living with dementia lives at home, in a residential facility, or care providers are coming into the home.

Monday, July 13, 11:00 am-12:00 pm

Dementia Conversations

This program will offer tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

Thursday, July 9, 10:30-11:30 am

Tuesday, July 14, 10:00-11:30 am

Effective Communication Strategies

Teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early, middle and late stage dementia.

Thursday, July 23, 1:00-2:30 pm

Monday, July 27, 1:00-2:00 pm

Healthy Living for Your Brain & Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Thursday, July 16, 1:00-2:30 pm

Tuesday, July 21, 12:00-1:00 pm

Advancing the Science: The Latest in Alzheimer's & Dementia Research

This program gives attendees a current look at the world of Alzheimer's and dementia research. Learn about where the science began and where it's heading in addition to what projects and studies are ongoing.

Monday, July 20, 11:00 am – 12:00 pm

Understanding Alzheimer's & Dementia

Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

Friday, July 10, 12:00-1:00 pm

Wednesday, July 15, 2:00-3:00 pm

Wednesday, July 22, 1:00-2:30 pm

Thursday, July 30, 10:00-11:00 am

Understanding & Responding to Dementia Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Thursday, July 30, 11:00 am - 12:00 pm

Register for any of our education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.

**Wisconsin teleconference / webinar
Support Groups – July 2020**



For Persons Living with Mild Cognitive Impairment (MCI):

2nd Wednesday, 10:00-11:30 am

General Family Caregivers:

1st & 3rd Tuesdays, 5:30-7:00 pm

Family Caregivers for a Loved One with Dementia Living at a Facility:

Fridays, 10:00-11:30 am

Male Family Caregivers:

3rd Wednesday, 5:30-6:30 pm

4th Thursday, 1:00-2:30 pm

Family Caregivers for a Loved One with Dementia in the Early Stages:

2nd Tuesday, 9:30-11:00 am

4th Tuesday, 10:00-11:30 am

Spanish Speaking Family Caregivers:

2nd Tuesday, 10:00-11:30 am

Grupo de Apoyo en Español:

2^{do} Martes de cada mes, 10:00-11:30 a.m.

Llame a Virginia Zerpa 414-431-8811

Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD):

3rd Wednesday, 6:00-7:30 pm

**To attend any of our Support Groups please verify your attendance by calling
800.272.3900**

You will receive connection information after you register