

Webinar/Phone Family Caregiver Education Programs – October



10 Warning Signs of Alzheimer's

This program covers typical age related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process, and Alzheimer's Association resources.

Tuesday, Oct. 6, 11:00 am-noon | [REGISTER](#)

Tuesday, Oct. 13, 10:00-11:30 am | [REGISTER](#)

Thursday, Oct. 15, 1:00-2:30 pm | [REGISTER](#)

Tuesday, Oct. 20, 9:00-10:30 am | [REGISTER](#)

Monday, Oct. 26, 3:00-4:00 pm | [REGISTER](#)

Advancing the Science: The Latest in Alzheimer's & Dementia Research

This program gives attendees a current look at the world of Alzheimer's and dementia research. Learn about where the science began and where it's heading in addition to what projects and studies are ongoing.

Wednesday, Oct. 7, 9:30-10:30 am | [REGISTER](#)

Caregiving 101

This webinar will cover the basic information the new caregiver needs, but is also a good refresher for people who have been caregiving for many years. The webinar will also cover information of interest to the LGBTQ+ caregiver.

Thursday, Oct. 22, 2:00-4:00 pm | [REGISTER](#)

Corona/Covid-19 y cuidadores

Cuidando a una persona con problemas de memoria o Demencia durante estos tiempos de Corona/Covid 19, agrega problemas y dificultades para los cuidadores y familia. Este programa provee información simple para los cuidadores, y familia de las personas con problemas de memoria o demencia, por más que la persona viva en su casa, en una residencia, o las personas que vienen a cuidar a gente en su propia casa.

Martes, Oct. 20, 2:00-3:00 pm | [REGISTRESE](#)

Cuerpo Sano, Mente Sana

Unase con nosotros para aprender sobre los resultados de estudios clínicos en las áreas de la nutrición, ejercicio, actividades cognitivas y la socialización. Use herramientas para ayudarle a incorporar estas recomendaciones en su vida para envejecer sanamente.

Martes, Oct. 13, 2:00-3:00 pm | [REGISTRESE](#)

Dementia Conversations

This program will offer tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

Thursday, Oct. 8, 11:00 am-noon | [REGISTER](#)

Wednesday, Oct. 14, 11:00 am-12:30 pm | [REGISTER](#)

Thursday, Oct. 29, 10:30 am-noon | [REGISTER](#)

Effective Communication Strategies

Teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early, middle and late stage dementia.

Thursday, Oct. 8, 11:30 am-1:00 pm | [REGISTER](#)

Thursday, Oct. 22, 3:00-4:00 pm | [REGISTER](#)

Tuesday, Oct. 27, 2:00-3:00 pm | [REGISTER](#)

Estrategias Efectivas de Comunicación

Enseña a la familia como decifrar la comunicación verbal y los comportamientos de una persona que vive con Alzheimer u otra demencia. Los participantes aprenderán estrategias para una conseguir una conexión más efectiva con una persona en cualquier etapa de la enfermedad.

Jueves, Oct. 15, 2:00-3:30 pm | [REGISTRESE](#)

**Register for any of our education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.**

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Healthy Living for Your Brain & Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Thursday, Oct. 1, 6:00-7:00 pm | [REGISTER](#)

Tuesday, Oct. 6, 9:00-10:30 am | [REGISTER](#)

Monday, Oct. 19, 10:00-11:00 am | [REGISTER](#)

Wednesday, Oct. 21, 1:00-2:00 pm | [REGISTER](#)

Legal & Financial Planning for Alzheimer's Disease

The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you.

Wednesday, Oct. 28, 1:00-2:30 pm | [REGISTER](#)

Living with Alzheimer's – Early Stage Care Partners

The diagnosis of Alzheimer's disease is life-changing and leads to many questions. Join us for this three-part program to discuss what you need to know, what you need to plan, and what you can do as you navigate this chapter of your life.

Three Consecutive Thursdays, Oct. 8, 15, 22, 9:00-10:00 am | [REGISTER](#)

Living with Alzheimer's – Late Stage Caregivers

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. You'll hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer's and their families.

Tuesday, Oct. 20, 12:00-2:00 pm | [REGISTER](#)

Living with Alzheimer's – Younger Onset

Join us for this program to get answers to the questions that arise for people concerned about Younger-Onset Alzheimer's disease or a related dementia. Hear from those directly affected and learn what you need to know, what you need to plan, and what you can do to ease the impact throughout the course of the disease.

Tuesday, Oct. 13, 6:00-7:30 | [REGISTER](#)

Understanding Alzheimer's & Dementia

Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

Wednesday, Oct. 7, 9:30-10:30 am | [REGISTER](#)

Monday, Oct. 12, 12:00-1:00 pm | [REGISTER](#)

Thursday, Oct. 15, 2:00-3:00 pm | [REGISTER](#)

Thursday, Oct. 22, 10:30 am-noon | [REGISTER](#)

Wednesday, Oct. 28, 6:00-7:00 pm | [REGISTER](#)

Understanding Dementia

If you have a family member or friend that is experiencing memory related issues or a recent diagnosis of Alzheimer's disease or other dementia, this presentation series is for you. Join us for a 3-session workshop.

Three Consecutive Tuesdays, Oct. 6, 13, 20, 2:00-4:00 pm | [REGISTER](#)

Understanding & Responding to Dementia Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Thursday, Oct. 1, 1:00-2:30 pm | [REGISTER](#)

Wednesday, Oct. 7, 11:00 am-noon | [REGISTER](#)

Saturday, Oct. 10, 9:00-10:30 am | [REGISTER](#)

Tuesday, Oct. 13, 5:00-6:30 pm | [REGISTER](#)

Wednesday, Oct. 14, 1:00-2:30 pm | [REGISTER](#)

Wednesday, Oct. 21, 3:00-4:00 pm | [REGISTER](#)

Thursday, Oct. 29 9:30-11:00 am | [REGISTER](#)

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